



Arbeiterwohlfahrt
Unterbezirk
Hagen – Märkischer Kreis

Counselling centre for Pregnancy Problems and Family Planning

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On which topics do we advise?

Federal Foundation "Mother and Child - Protection of Unborn Life":

Pregnant women from Hagen in difficult financial situations (low income, SGB II, AsylbLG, rent subsidy, children's supplements, ...) can make a request with us for financial support from the Federal Foundation.

Sexuality, family planning and contraception:

We advise you on different methods of contraception, their effectiveness and their advantages and disadvantages in different phases of life. Women of low income can make a request with us to have the costs for long-term contraceptives covered.

Pregnancy and family:

The time around pregnancy is often one of the most exciting times in life. We talk with you about your life situation and claims during pregnancy (e.g. maternity protection, protection against dismissal, birth preparation, ...) and after birth (e.g. parental leave, parental allowance, care by a midwife, ...).

However, since the topics of pregnancy, birth or life with a child can also be associated with fears and worries, we also offer psychosocial advice if needed.

Our counselling is free of charge, subject to professional confidentiality and can also be carried out anonymously if desired.